

Winter/ Spring One Singles Flex League

Flex league is a great way to play tennis on your own schedule. You'll meet great people and enjoy lots of tennis.

- Either player/ team can reach out to schedule a match but usually, the 'home' team initiates the contact. You can play your matches at any time during the season, or you can try to follow the 'suggested' weekly schedule.
- Home player provides a good condition court with access to a restroom. Covers any guest/ court fees, new can of balls. If 'free' courts are available through the visiting player, that's fine as well. You will have both home and away matches.
- Follow the rules outlined in Friend at Court. Play with courtesy and cooperation. Respect the rules and policies of any facility where you play. – 2025 USTA FRIEND AT COURT
- Print this handy Tri-fold Rules & Etiquette pamphlet to help you handle most on-court questions and situations. It's easy to read and a must have for your tennis bag! PRINTABLE-ON COURT RULES AND ETIQUETTE

Key Dates:

- Registration opens: December 2 and closes January 10
- Season: January 25 – April 26
 - Contacts/ Schedules will be published by 1/24 so you can start to arrange your matches.

Key Info:

Matches count toward 2026 year-end NTRP ratings.

To keep our levels true and competitive, players should play **at** their current NTRP level. This is the first season with the new 2025 year-end ratings so levels should be accurate. Top Fall finishers from One Singles League may be considered for 'play up'. If players do not meet these criteria, they will be transferred to their current NTRP level.

Please follow these steps to register in Tennislink.

- Your **USTA membership** needs to be current through April 2026.
- There is a \$32 league fee for the season.
- Log into your USTA account. Tennislink.USTA.com
- On the far-left tab, click on '**USTA League**'. (Not USTA Flex League')
- Underneath the header '**Start Playing**', click button to '**Register with team #**' and enter the number by level. Complete registration process through checkout

Register for the holding team at your current NTRP level (using the team numbers below):

2026 Team Numbers by Level			
Register at your current NTRP level			
Men	Team #	Women	Team #
		2.5	6518093267
3.0	6518093263	3.0	6518093268
3.5	6518093264	3.5	6518093269
4.0	6518093265	4.0	6518093270
4.5	6518093266	4.5	6518093271