



## SOUTHERN CALIFORNIA ADULT LEAGUE

### San Diego Spring 2026 Details

#### Spring Team Request Form

[https://docs.google.com/forms/d/e/1FAIpQLSfnp10vEAQhF63XLAPvPMQ\\_bIJX54gcoUGY6xExK-tNK-uANw/viewform?usp=sharing&oid=114795343722837133554](https://docs.google.com/forms/d/e/1FAIpQLSfnp10vEAQhF63XLAPvPMQ_bIJX54gcoUGY6xExK-tNK-uANw/viewform?usp=sharing&oid=114795343722837133554)

#### Free Agents Form (players seeking teams)

### Adult 18 and over Men's and Women's League

#### Key Dates:

**Season Dates: March 30th- June 28th**

**Initial Roster Deadline: March 7th**

- Adult 18 and Over 5 line teams- minimum of 8 players registered
- Adult 18 and Over 3 line teams- minimum of 5 players registered

**Final Roster Deadline to add players: May 1st**

- **Maximum roster size is 20 players. Please consider playing time when determining the right size for your team.**
- **Players must already be 18 years old in order to register.**
- **Rosters must have minimum of 50% of players 'at NTRP level'. Lower-level players may 'play up' one level. Any rostered player may play in any position.**

#### Advances to So Cal Sectional Championships in Beach Cities Area Sites

- July 24-26 Levels 2.5 and 3.5
- July 31- Aug 2 Levels 4.0 and 5.0
- Aug 7-9 Levels 3.0 and 4.5

#### USTA National Championships (Oct/ Nov)

#### Formats of play:

5 lines total- 2 singles and 3 doubles at NTRP level

3 line format (1 singles/ 2 doubles- local league) All Women's Weekend leagues, Men's 3.0 level  
(At Sectionals- Teams will play 5 lines- 2 singles/ 3 doubles)

3 line format (1 singles/ 2 doubles- local league through Nationals) - 2.5 and 5.0

Levels: 2.5W, 3.0, 3.5, 4.0, 4.5, 5.0

#### Courts options for morning leagues:

- 2 courts @9AM, 3rd court available by 10:30AM, 2 lines follow on (2:3)
- 3 courts @ 9AM, 2 lines to follow on (3:2)
- Please confirm your format with Club Directors before submitting your team request.
- Email for approval for other court configurations. (i.e. 5 lines at one time)

#### Days of play:

SDNC Men: Sundays starting at 9 AM

SD Men: Flexible Sunday match times. Men's 3.0 and 5.0 play on Saturday afternoons.

Women's weekday days of play:

North County Mon= 3.5, Tues= 3.0, Wed=4.5, Thurs=2.5, Fri=4.0  
San Diego (South) Mon= 2.5, Tues=3.5, Wed=3.0, Thurs= 4.5, Fri=4.0

#### Women's weekend: 1 Singles/ 2 Doubles

Match times may vary by facility depending on Men's matches.

3.5 and 4.0 Sundays at 2:30PM/ 3:30PM  
3.0 Sundays at Noon/ 1PM  
4.5 Saturday or Sunday at Noon/ 1PM

### Spring Team Request Form

## **Mixed Doubles 55 and over League**

Combined league with San Diego and North County teams

#### **Key Dates:**

**Season Dates: April 4th- June 7th**

**Initial Roster Deadline: March 7th**

- Mixed 55 and Over= minimum 6 players (3 men, 3 women)
- Players may be turning 55 anytime during 2026 to participate.

**Final Roster Deadline to add players: May 1st**

- **Maximum roster size is 16 players. Please consider playing time when determining the right size for your team.**

**Advances to So Cal Sectional Championships (12/11-13) in Orange County**

**USTA National Invitational Championships (April 2027)**

#### **Format of play:**

3 lines of mixed doubles (6.0, 7.0, 8.0, 9.0 combined rating levels)

Partners may have up to 1 point rating level difference (i.e. 3.0 + 4.0 for a 7.0 team)

- 6.0 and 8.0 Saturdays at Noon

- 7.0 and 9.0 Saturdays at 2:30PM

### Spring Team Request Form

## **One Mixed Doubles Flex League!**

Grab a friend for this new social mixed league (for those too young for the 55 and Over league...) Meet others and play at your convenience. Levels are 6.0, 7.0, 8.0, 9.0, 10.0

(Add the ratings of the two players together. You can play up a level but not down. (I.e. a 4.0 and a 3.5 partner may play 8.0 but not 7.0)

Depending on the number of teams, SD and SDNC may be combined.

#### **Key Dates:**

**Season Dates: April 4th- June 7th**

**Initial Roster Deadline: March 20th**

**Final Roster Deadline to add players: May 1st**

- **Minimum of 2 players and maximum of 5 players per team.**

### Spring Team Request Form

## **Upcoming Summer Leagues (Registration will open in April):**

Adult 55 and Over League: Men and Women's Doubles

Adult 65 and Over League: Men's and Women's Doubles

Tri-Level Doubles (18 and Over): Men's and Women's Doubles

Mixed Doubles 40 and Over

One Singles Flex League