



**SOUTHERN CALIFORNIA  
ADULT LEAGUE**

## **San Diego Summer 2026 Details**

**Summer Team Request form**

### **Adult 55 and over Men's and Women's League**

Advances to SoCal Sectional Championships (9/5-7 SD Sat- Mon) and USTA National Championships (Oct/ Nov)

- **3 line format- all doubles**
- **Combined rating level of players**  
**(Partners may have up to 1 point rating level difference (i.e. 3.0 + 4.0 for a 7.0 team))**
- **Maximum roster size is 16 players. Please consider playing time when determining the right size for your team.**
- **Players turning 55 in the calendar year 2026 may participate.**
- **Initial roster deadline: May 10<sup>th</sup> Women; May 20<sup>th</sup> Men**
- **Final roster deadline: July 1<sup>st</sup> Women; July 20<sup>th</sup> Men**

#### **Days of play:**

Men:

Season dates: 6/20 (after Spring season)- ends 8/16      Sundays at 9 AM

Men may have an additional match or two on Saturday afternoons or floating matches in order to give you longer seasons.

#### **Days of play:**

Women: Season dates: 5/26 (subject to court availability from Spring season) – ends 8/16

Mon= 9.0\*, Tues= 7.0 (North), Wed=8.0, Thurs= 7.0 (South); Fri=6.0\*   Matches at 9AM

\*6.0 and 9.0 levels may be combined SD/ SDNC

Women's Weekend: Season dates: 6/20-8/16

Saturdays/ Sundays- time will vary by facility

Levels: 6.0, 7.0, 8.0 (if there are at least 4 participating teams, players may be on weekday and weekend teams))

## SoCal 65 and over Men's and Women's League

Advances to So Cal Sectional Championships (11/13-15 Claremont Club) and USTA National Invitational (Jan/ Feb 2027)

- **Leagues will combine teams from San Diego and San Diego North County**
- **3 line format- all doubles**
- **Combined rating level of players**  
**(Partners may have up to 1 point rating level difference (i.e. 3.0 + 4.0 for a 7.0 team)**
- **Maximum roster size is 16 players. Please consider playing time when determining the right size for your team.**
- **Players turning 65 in the calendar year 2026 may participate.**
- **Initial roster deadline: May 10<sup>th</sup> Women , May 20<sup>th</sup> Men**
- **Final roster deadline: July 1<sup>st</sup> Women; July 20<sup>th</sup> Men**

### **Days of play:**

Men: Season dates: 6/13- 10/25\* (last day to complete)

Season may be spread out during this timeframe

Saturday- late morning and/ or weekday morning (varies by home team court availability)

### **Days of play:**

Women: Season dates: 6/1 (subject to court availability from Spring season) – ends 8/29

9AM but flexible to accommodate drive times between North and South facilities

Mon= 8.0, Wed = 6.0; Thurs= 9.0; Fri= 7.0

## Mixed Doubles 40 and over League

Advances to SoCal Sectional Championships (9/18-20 Ventura County) and USTA National Championships (Nov)

### Key Dates:

- **Season Dates: June 14th- September 6th**
- **Initial Roster Deadline: May 10<sup>th</sup>**
- **Final Roster Deadline to add players: July 17th**
- **3 line format- mixed doubles**
- **Combined rating level of players**  
**(Partners may have up to 1 point rating level difference (i.e. 3.0 + 4.0 for a 7.0 team)**
- **Maximum roster size is 18 players. Please consider playing time when determining the right size for your team.**
- **Players turning 40 in the calendar year 2026 may participate.**

### Days of play:

Saturdays: 2:30PM 7.0 and 9.0 levels

Saturdays: Noon 6.0 and 8.0 levels

## SoCal Tri-Level Doubles Men's and Women's League

**Advances to So Cal Sectional Championships (12/4-6 OC) and National Invitational (SD March 2027)**

- **Players must already be 18 years old to register for this league.**
- **Initial roster deadline: May 25th**
- **Final roster deadline: July 26th**
- **Season dates: 6/20-9/7**
- **3 line format- all doubles**  
Each line is a different level. At least one player must be 'at level' for that line with a partner playing up one level (i.e. 4.0 line=2 4.0 players or a 4.0 with a 3.5 partner)  
At the National Invitational, only computer-rated players may play at their level.
- **League Levels:**
  - **(5.0/ 4.5/ 4.0) Super High Tri (ST)**
  - **(4.5/ 4.0/ 3.5) High Tri (HT)**
  - **(4.0/ 3.5/ 3.0) Low Tri (LT)**
  - **(3.5/ 3.0/ 2.5) New Women's Level- Lower Tri (advances to Sectionals only) (NLT)**
- **Maximum roster size is 18 players. Please consider playing time when determining the right size for your team.**

### **Days of play:**

Women:

Weekdays at 9AM:

Mon= LT; Tues= ST; Wed= NLT; Fri= HT

Weekends:

Sundays: Noon= LT and ST

Sundays: 2:30PM= HT and NLT

Super-High Tri and New Lower Tri- Weekend will be a combined SD/SDNC league based on team counts.

### **Days of play:**

Men:

- High Tri (4.5/ 4.0/ 3.5) Sunday mornings or afternoons (based on home court availability)
- Low Tri (4.0/ 3.5/ 3.0) Saturday afternoons (based on home court availability)
- Super High Tri (5.0/ 4.5/ 4.0) Weeknight/ Sunday Evenings (based on home court availability)

## One Singles Flex Leagues (Summer and Fall seasons)

### Fall/ Holiday leagues: Registration will take place in early August

SoCal Fall Doubles- September- December

Girls' Night Out (SDNC)- September- December weekday evenings

Holiday league (SDNC)- November- December weekday mornings

Tri-Level Mixed Doubles (18 and Over)- September- November